

FOR FRIENDS OF THE  
OSHAWA AND DURHAM REGION METIS COUNCIL

enjoy

**SPECIAL HOTEL ACCOMODATION RATES**

**When visiting or in the area on business**

**At the newly renovated**

**LA QUINTA INNS & SUITES, OSHAWA**

The negotiated room rate for Metis is \$79.00 plus tax for rooms with one queen size bed, \$89 for two queen size beds, and \$99 for suites. During the summer months, July and August, their rates are increasing to \$84 plus taxes for one queen and \$94 for doubles. This rate includes free Bright Side Breakfast which features a variety of delicious breakfast foods and drinks including fresh coffee, tea or hot chocolate, assorted juices, "Make-Your-Own" waffles, pastries, breakfast breads, hot and cold cereals, hard-boiled eggs, and an assortment of fresh fruits. Guests can also enjoy their 24 hour fitness facility. All rooms come equipped with free high speed wireless internet, microwave and fridge. The La Quinta is **locate at 63 King Street East, Oshawa, Ontario, L1H 1B4**

**Check in time** is after 3:00 pm. Should you require an early check in please contact the hotel directly to make your request. Every effort will be made to accommodate those guests who arrive prior to 2pm. **Check out time** is 11:00 am. Those requesting late check-out must confirm with the desk. A late charge will be applied.

For reservations for **Metis**

**Please call 1-905-571-1333 or 1-855-571-1333 and ask to speak to Frances Lazzaro.**

Email: [lq6601dos@laquinta.com](mailto:lq6601dos@laquinta.com)

Or use the online **code of OSDUR4** at [www.laquintaoshawa.com](http://www.laquintaoshawa.com)

**This rate is effective until Dec 30, 2016**